

# TOMORROW YOU WILL HAVE WINGS

My Journey From A Caterpillar to a Butterfly

by Marie-Jean Fenton

Most days I feel like a joyous Butterfly and enjoy a state of well-being that is like a tangible vibration, a colour, a deep seated contentment. I have more than enough physical and emotional energy for a busy and active life-style, plus a reserve that is available for use at any time.

When I was a Caterpillar I suffered almost daily from headaches, with intermittent migraines, neck, spinal and hip joint pain, hot flashes, swollen ankles and facial puffiness, severe endometriosis, dysmenorrhea, constipation, and would often wake up during the night. Although for 20 years I practiced what most would consider a healthy lifestyle and eating habits, sought various natural therapies and used supplementation and would sometimes find progress, I was still living with pain, stress and toxicity from prescription meds that I was hoping would help.

Always, I would wonder: "Wouldn't it be nice to have one practitioner with all the answers? With all the different healing modalities available which one is suitable for me? How can I find out what is really causing my body's stress, and which therapy would work best for me right now?" One day someone suggested that I try Biofeedback for my headaches and that was the beginning of my metamorphosis. There is an advanced biofeedback system designed to detect stress in the body. Everyone's body is different; therefore, everyone could quite possibly require different forms of healing modalities. The system has hundreds of therapy options ranging from electro-acupuncture, homeopathy, nutrition, chiropractic, herbology, color, chakra, vitamin and mineral analysis, brain harmonics, lymph stimulation, hormone, pain reduction, full-body detox, and emotional profiling to name only a few. The system scans the body for their individual reaction to thousands of compounds in a matter of minutes and then provides corrective feedback to bring the body back into balance.

Biofeedback uses the basic principles of energetic management from ancient Chinese traditions, to the emerging fields of Quantum dynamics. This gave way to a perspective that a river of energy connects every organ, every thought and every emotion. The flow or blockage of energy reflects a profound system of communication that demonstrates the body/mind intelligence. The system seeks to create and integrate an environment of wellness, balance and harmony. The entire process is safe, gentle and non-invasive. It works by reducing the stresses on the body at the electro-magnetic level caused by food, toxins, environment, genetics, and lifestyle. The system then feeds back the appropriate frequencies using nano second computer speeds to ensure safety.

For over a year, I have been free of my health complaints and no longer require the five prescription medications that I was using to cope. See *Market Place ads on page 21*

body  soul  
Wellness Fair

Vernon, BC April 5-6, 2008

Are you involved in any area of the  
Wellness industry?



Exhibitor opportunity  
**Curious?**

For more information, visit our website  
[www.bodyandsoulwellnessfair.com](http://www.bodyandsoulwellnessfair.com)