

## Take Your Brain ...

To the next level  
quickly and easily



[www.brainharmonycentre.com](http://www.brainharmonycentre.com)

## CANDLES

**FREE SPIRIT CANDLES** - 100% pure beeswax candles. Buy direct from the chandler and save.  
[www.freespiritcandles.ca](http://www.freespiritcandles.ca) • 1- 877-335-3769

## CHELATION THERAPY

**DR. WITTEL, MD** – [www.drwittel.com](http://www.drwittel.com)  
Dipl. American Board of Chelation Therapy.  
Offices: Kelowna: 860-4476  
Vernon: 542-2663 • Penticton: 490-0955

## COLON THERAPISTS

Kamloops:	851-0027	Suzanne Lawrence
Kelowna	763-2914	OK Natural Care
Nelson:	352 6419	Ulla Devine
Westbank:	768-1141	Nathalie Begin

## COUNSELLING

**EXPRESSIVE THERAPY**, Kelowna: 250-212-9498  
Heather Fischer, RCC, Professional Art Therapist.  
Holistic counselling for Individuals and Families.

**CHRISTINA INCE**, Penticton – 490-0735  
Holistic counselling for healthy relationships.

**CORE BELIEF ENGINEERING** Rapid, gentle, lasting resolution of inner conflicts.  
Laara Bracken, 20 years experience.  
Kelowna: 250-712-6263. See ad p.12 & 13

**MARY ELLEN McNAUGHTON**  
certified Canadian counsellor focusing on  
Compassionate Communication or NVC.  
250 864-8664 or [maryellenmc@gmail.com](mailto:maryellenmc@gmail.com)

## CRANIOSACRAL THERAPY

[www.SheilaSnow.com](http://www.SheilaSnow.com) Vernon: 558-4905.  
CranioSacral Therapist, Raindrop Therapy,  
Young Living Essential Oils. 12 years experience.

## CRYSTALS

**DARE TO DREAM** • Kelowna: 712-9295  
Great Selection - jewellery also!

**THE CRYSTAL MAN WHOLESALE LTD**  
Theodore and Lee Bromley. Amazing selection  
of crystals and jewellery. Aloha Nui Healing  
Circles. Author of *The White Rose*  
Enderby: 250-838-7686 • [crystals@sunwave.net](mailto:crystals@sunwave.net)

## DENTISTRY

**DAAN KUIPER # 201-402 Baker St, Nelson**  
352-5012. General Practitioner offering services  
including composite fillings, gold restorations,  
crowns, bridges & periodontal care. Member of  
Holistic Dental Association.

**DR. HUGH M. THOMSON** ....374-5902  
811 Seymour Street, Kamloops  
Wellness Centered Dentistry

## DETOX

**EASY WITH INFARED (FIR) SAUNA**  
Therapy and Sales • Osoyoos 1-866-495-4017

## DOWSER

**TYHSON BANIGHEN, MA.** Reiki Master,  
and Geomancer - personal and environmental  
clearings - Salmon Arm - 250-835-8236 or in  
person. <http://tyhsonbanighen.bravehost.com>

## ENERGY WORK

**BIOFEEDBACK Therapy** • Kelowna 862-5121  
**Release:** stress, toxins, pain, parasites.  
**Balance:** emotional, hormonal, spinal,  
brain waves, Chakras.  
**Detox:** organs, lymphs, glands, digestion.  
Also Reiki • [energybalance@shaw.ca](mailto:energybalance@shaw.ca)

## FELDENKRAIS

Syl Rujanschi 250-305-4267 Williams Lake, BC

## FENG SHUI

**Do you feel like your home** has stagnant energy from someone or something? Does your house or business not feel comfortable? We can bring a refreshing feel to your home using what you have available. I will also show you some tips to preserve the energy. Certified in Classical and Western Feng Shui. Consult \$200  
Kamloops: will travel. Nancy 374-4184

**TERESA HWANG FENG SHUI & DESIGN**  
Professional Traditional Chinese Feng Shui  
Consultant, Chinese Astrology & Physiognomy.  
Feng Shui Research Center Lecturer. Certified  
Interior Designer. Commercial & Residential consultations. Professional courses & seminars.  
[www.teresahwang.com](http://www.teresahwang.com) • Tel.250-549-1356

## HEALTH PROFESSIONALS

**HEALTH & NUTRITIONAL ANALYSIS**  
Suzanne Lawrence, R.N.C.P. Kamloops 851-0027

**OKANAGAN NATURAL CARE CENTRE**  
Let us help you take steps to feel better!  
763-2914 [naturalcare.bc.ca](http://naturalcare.bc.ca)

## HEALTHY PRODUCTS

### HELP STOP POLLUTION

Be a friend to the environment, use Me2 gas formula. Cuts 40% toxic pollution from tailpipe. PLUS 20% improved mileage. PLUS increased engine power. For info package **250-488-1360**

**SEABUCKTHORN** grown and processed in BC. see ad on page 33

Why not have your own **Adult Stem Cells** work to enhance your health? **StemEnhance**  
Learn more at: [www.renucellsnow.com](http://www.renucellsnow.com)

### THE HEALTHY CHOCOLATE: XOCAI

The Ultimate Antioxidant • Smooth, rich, and loaded with everything good! Amazing benefits for diabetes, blood pressure, cholesterol, weight loss. Enjoy 3 pieces a day!  
Contact: Alara Serait (250) 558-0220, [Vernonismilechocolate@hotmail.com](mailto:Vernonismilechocolate@hotmail.com) or  
website: <http://mxi.myvoffice.com/27221/>

## HYPNOTHERAPY

**ELLEN ODELL-CARDINAL, C.Ht, EFT-Adv.**  
Certified Hypnotherapist and EFT Specialist  
250-764-1590 - Kelowna, BC  
Website: [www.solutionshypnotherapy.com](http://www.solutionshypnotherapy.com)  
Email: [solutionshypnotherapy@telus.net](mailto:solutionshypnotherapy@telus.net)  
Registered with the Professional Board of Hypno-therapists Canada and Canadian Hypnosis Institute.

**WOLFGANG SCHMIDT, PHD, CCH**  
South Okanagan and the West Kootenay  
(Rock Creek) 250-446-2455

## HOMEOPATH

**KATHARINA RIEDENER, DHom, RHom, HD**  
8317-68 Ave. Osoyoos, BC. **250 485-8333**

**LANNY BALCAEN**, Kamloops 250-851-5465  
[www.classicalhomeopathy.net](http://www.classicalhomeopathy.net) • Home:573-3518

## IRIDODOLOGY

**TRIED EVERYTHING? - STILL NOT WELL**  
Eye analysis, natural health assessment.  
Certified Iridologist, Chartered Herbalist  
**Vivra Health** (250) 486-0171 Penticton

## LABYRINTH

**LAKESIDE LABYRINTH** - in Nelson's  
Lakeside Rotary Park near the Big Orange  
Bridge. Free of charge, wheelchair accessible,  
open during park hours. Visit our web-site  
[www.labyrinth.kics.bc.ca](http://www.labyrinth.kics.bc.ca)

## MASSAGE THERAPISTS

**RUSS BARKER, RMT** Structural Realignment  
Neuromuscular Therapy, Manual Lymphatic  
Drainage, Muscle Energy & NST. Stepping  
Stones Clinic, 697 Martin St. Penticton 493-STEP